

The Cyberbully 2: *On Your Marks, Get Set, Go!*

Listening

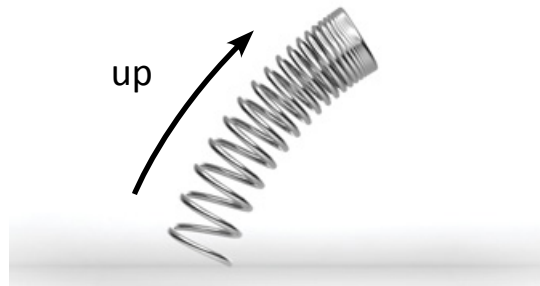


Name: _____

Listen and answer the questions.



The competitors in runner's crouch position.



a spring

- Which is NOT part of the runner's crouch?
 - standing up
 - bending your knees
 - putting your hands on the ground
- Why do runners crouch down at the start of a race?
 - to get a fast start
 - to concentrate on the race
 - to see the finish line more clearly
- What happens to a metal spring if you push down on it?
 - It stays down.
 - It bounces up.
 - It grows longer.
- Does the runner's crouch help you finish the race well?
 - yes
 - no
 - The speaker doesn't say.

The Cyberbully 2: *On Your Marks, Get Set, Go!*

Reading

Name: _____

Read and answer the questions.

Do You Need Glasses?

Try looking at an object that is far away. Does it seem sharp and clear? Or is it blurry? If it seems blurry, you may need glasses.

An eye doctor can check your vision with an eye chart. The largest letters on the chart are easy to read. As the letters get smaller, they look blurrier. This makes them harder to read.

A doctor will ask you to read the letters in each row. Suppose you were standing 20 feet away from a full-size eye chart. If you had perfect vision, you would be able to read all the letters above the red line. If you couldn't, the doctor might give you glasses.

Doctors have used this eye chart since 1862. It was invented by an eye doctor named Herman Snellen. First, he tried using small pictures. Later, doctor Snellen used letters because they were easier for people to name. British army doctors began using the eye chart, and soon it was used all over the world.



clear, sharp

blurry

- How do doctors use eye charts?
 - They ask you to read smaller and smaller letters.
 - They ask you to remember the order of the letters.
 - They ask you to count the number of letters you see.
- Which letters can a person read if they have perfect vision?
 - all the letters on the eye chart
 - all the letters above the red line
 - all the letters below the red line
- How long have doctors used eye charts?
 - for 20 years
 - for the last 50 years
 - for more than 100 years
- Why did Snellen use letters in his eye chart, not small pictures?
 - Letters were easier for people to guess.
 - Most people could name the letters more easily.
 - People could memorize the letters in each row.

The Cyberbully 2: *On Your Marks, Get Set, Go!*

Writing

Name: _____

Read the sentences and circle the correct verbs.

What Would You Do?



1. If I **win** / **winned** / **won** the lottery...
I would take a trip around the world!

2. If I **can** / **could** / **should** drive any car...
I would drive a racing car!



3. If I **am** / **was** / **were** in the Olympics...
I would win a race on the track!

4. If I **live** / **lived** / **living** in the future...
I would travel to space!

Choose one of the sentences above and write your own ending.

Then write a paragraph. Add details to describe what you would do and why.

Example: *If I won the lottery, I would buy a big house. It would have rooms for everyone in my family...*

The Cyberbully 2: *On Your Marks, Get Set, Go!*

Speaking

Name: _____

Look at the pictures. Discuss the questions with a classmate.

1. Which watch do you like best? Why? Which watch don't you like? Why?
2. Which watch is the most innovative? The cheapest? The most expensive?
How do you know?



The Cyberbully 2: *On Your Marks, Get Set, Go!*

Teacher's Guide

Listening Audio Script

ALEXIS: As the winner of the race, I know a lot about running. For example, a very important part of the race is the start!

Have you ever seen runners at the starting line? They usually don't stand up. They bend their knees. They lean forward. They put their hands on the ground in front of them. It's called a runner's crouch.

Why do runners crouch down? They need to start as fast as possible. They crouch down low. Then they push off the ground with their feet. Pushing their body up gives them more power. They move toward the finish line faster.

Think of it like a metal spring. If you pushed down on a spring, it would bounce back up. So the next time you run, try a runner's crouch to "spring" into the race!

Listening Answer Key

1. a
2. a
3. b
4. c

Reading Answer Key

1. a
2. b
3. c
4. b

Writing Answer Key

1. won 2. could 3. were 4. lived

Responses should be one paragraph long. The first sentence should include the correct subjunctive tense in the *if* clause (matching the sentence above on the page), and the second clause should begin *I would....* The remaining sentences should provide relevant supporting details.

Speaking Answer Key

Example of correct answers:

- I like the gold watch because it is small and pretty.
- I like the smart watch because you can call people or send e-mails on it.
- I think the smart watch is the most expensive and the most innovative. It uses the newest technology.
- That digital watch is probably the cheapest. It looks simple and it's made of plastic.

